

Worship and Celebration

Please see an usher for large print hymnals or hearing devices.

August 16, 2009

"I set before you life and death... choose life." —Deut. 30: 15, 19

Prelude (9:30) *Voluntary and Fugue in A Major* by Selby

Call to Worship

One: Come, believers and doubters, in courage and fear, celebrating and sorrow-filled. Come and sing and listen and pray!

People: We come to worship as community, sharing the journey of life.

One: Come and be refreshed, renewed, revived!

People: We come to hear the call, face the choice, and choose life once again.

***Opening Hymn** *All Things Bright and Beautiful* #147

Welcome / Community Focus

During Community Focus please sign the fellowship book in the pew, pass it down your row and back so we can get to know one another.

Children's Time

Children are invited forward for a special time for them. They can then either return to sit with parents or follow the teachers to Sunday School.

Baptism of Cameron David Angell, child of Seth and Kim Angell

Congregational Response: *(Kahlil Gibran)*

Leader: Your children are not your children. They are the sons and daughters of Life's longing for itself. They come through you but not from you. And though they are with you yet they belong not to you.

People: There is nothing more important than the children of the world. Children are God's affirmation of the future; they enliven our present and bring the promise of tomorrow. May something of our lives be a positive influence upon this child. May we provide a place where he may learn that life can be trusted. May we support his family in their journey toward wholeness, and may our church be a safe and creative environment for all children.

***Prayer Hymn** *Breathe on Me, Breath of God* #420

Congregational Prayer

You do breathe on us God of love. In each new moment, you offer us the freshness of your grace and invite us to choose life. May we respond, letting go of what binds us and moving freely into this next new moment. May our lives be examples of what is possible for humans growing toward wholeness as we tend to the needs of those around us and beyond us. Amen.

Silent Prayer / Pastoral Prayer/ The Lord's Prayer

Invitation to Offering

"The greatest temptation against soulfulness is the temptation to assume that we are here to be served, rather than to serve."

- Fr. Paul Keenan

The Offertory *All Creatures of Our God and King* arr. Shackley

***Doxology** *Praise God, from Whom All Blessings Flow* #94

**Praise God, from whom all blessings flow;
Praise God, all creatures here below: Alleluia! Alleluia!
Praise God, the source of all our gifts!
Praise Jesus Christ, whose power up-lifts!
Praise the Spirit, Holy Spirit! Alleluia! Alleluia! Alleluia!**

*Offertory Prayer

Special Music 7:45 *The Lone, Wild Bird* from Walker's 'Southern Harmony' (1835); Vera Alexander and Mary Ann Wisheart, vocal duet

9:30 *Make My Life an Alleluia*, Ruth Elaine Schram
Chancel Choir

Scripture Readings: Deuteronomy 30: 15-20; Joshua 24: 14-22

Reflection "Choose this Day" Rev. V. Oden

***Hymn** *Help Us Accept Each Other* #560

*Benediction

***Response** *Sanctuary (2 times)* #2164

Postlude *Guide Me, O Thou Great Jehovah* arr. Paxton

*Please stand as you choose and are able.

Assisting in Worship: Gay Ostrander, Brad Pierson, Sydney Vogel, Carolyn Cline, Debbie Willeford, Serena Klein, Kent Smiley

Co-Pastors: Rev. Valerie Oden and Rev. Rusty Butler

Acolytes: 9:30 Faith Christen and Sarah Ondak

Welcome Center: Bruce & Kay Robison and Julie Winegar

If you are new to the community or this church, **WELCOME**. Please sign the fellowship book so we can send you a copy of our newsletter, *The Circuit Rider*. Stop by the Welcome Center in the narthex to pick up brochures describing the programs and activities AUMC offers and a copy of our newsletter.

Next Sunday's Special Music:

9:30 *Seize the Day*, Chancel Choir
The Holy City, Debbie Willeford, soloist

AUMC Opportunities

The **All Church Picnic is next Sunday, August 23 at 11 am**. Come and socialize with old friends and make new friends. Good people, good food, good fun.

Golden Singles with an appetite for Italian food will meet at The Olive Garden at 88th & Sheridan, at 11:30 am TODAY. For reservations, call Betty Van Dyne, 303-431-3672 or Sally Ross, 303-422-1507. Anyone over 50 is welcome.

Qigong and Forms of Meditation: Standing, Sitting, Walking,

Sat., Aug. 22, 3-4:30 pm, \$20

Meditation has the common root of learning to focus on one thing at a time without allowing distractions. Though it sounds simple in words, it's a little tougher in practice. Many advanced practitioners have taught that, in the end--every moment of our lives is meditation. In this workshop, we will learn about different forms of meditation, including the standing meditations, sitting meditations, and finally a walking meditation on the beautiful labyrinth on site. To register, call instructor, Mary Foster, 303-947-6847.

UMW Lydia Ladies

Aug. 26, 2:15 p.m.- Bingo at Arvada Care/Rehab Health Center

Lydia Ladies will host a baby shower and ice cream social for young mothers at Hope House of Colorado on August 28. They are in need of baby items (specifically; fall clothes, diapers, baby wipes, bibs, sippy cups and bath items.) Currently there are 5 girls and one boy (infant). Ages range from 5 months to 2 1/2 years. Leave donations in the baby crib in the narthex until Thursday, August 27. Your kindness is much appreciated. For questions, call Karen Snyder at 303-233-1127 snyder718@comcast.net.

EXTRA....EXTRA.....Children's Choir Comes out of "Summer Storage"!

Hey kids! Ready for a good time? Ready to sing? Then DO I HAVE PLANS FOR YOU! If you are entering 3rd through 6th grade, plan on signing up for the Kids Choir at the All Church Picnic next Sunday. You might even get a small gift! And if you can't come to the picnic, just come to the first rehearsal which is Sunday morning, September 13th at 10:30 am. We'll practice each Sunday at that time. Bring your folk to the first rehearsal and tell them they are welcome at ANY rehearsal. We'll sing about God, bugs, and dinosaurs and well, you name it and we'll sing about it. Deal? If you are interested in registering and wish to call the new director, ask mom or dad to call 303-424-6409 or YOU can call me! I'd love to hear from you. 'Miss Syd'

Stirring music by pianist Dianne Cuadrado and trombonist Bob Hurrell will begin the **Fifty Plus** group's opener Tuesday, September 1. Fifty Plus meets in The Center at 6:30 pm the first Tuesday of each month from September through May. The exception is November when it meets the second Tuesday. These meetings are open to adults of all ages. Bring a potluck dish to share and one dollar per person.

Children and Youth Activities

Sunday School

Nursery 7:45 & 9:30 room 300 4th-6th Graders room 306

Preschool & Kindergarteners room 304 Junior High (7th-8th) room 209

1st-3rd Graders room 205 Senior High (9th-12th) room 206

UMYF 7th - 12th

Today: 6:30-8 pm (no snack supper), Review our Summer & Plan our Fall

Next Sunday: To be announced

Acknowledgements

Flowers:

Linda and Don Storey in celebration of their 45th wedding anniversary;
Wilma Gundy in appreciation of AUMC's dedicated staff and volunteers;
Hermine Puck in memory of Harlen Puck and in appreciation of the church.

Greeters:

7:45 – Doug and Kathy Kelly
9:30 – Irv and Elaine Levy

Today, August 16 Hunger Sunday

Family Choir, 10:30 am
Children's Age Level Council,
10:45 am

This Week: Aug 17-Aug 22

Meals on Wheels: Mon-Fri, 10 am
Lite Fitness: Tues & Thurs, 8:30-9:30 am

Mon: CR Deadline, 5 pm

Tues: Morning Bells, 8 am
Care Team, 1 pm
Toastmasters, 6:30 pm
Vision Team, 6:00 pm

Wed: Visiting Team, 10 am
Brown Bag Bible Study, noon
ESL, 1 & 6:30 pm
N.A., 7 pm
Chancel Choir, 7 pm

Thurs: SPRC, 6:30 pm
Worship Committee, 7 pm

Fri: Friday Morning Study, 7 am

Sat: Qigong Meditation, 3 pm

Next Sunday, August 23

Family Choir, 10:30 am
All Church Picnic, 11 am

Worship Services

(with Nursery available)

7:45 a.m.
9:30 a.m.

Church School

9:30 a.m.

Coffee Fellowship

8:45 and 10:30 a.m.
in the Center

Sign Up In The Center

Pick up your Western Slope Peaches today in the Center

Purchase **King Soopers & Safeway certificates**. Social Concerns receives 4-5% of sales to use for mission projects. **Greeters** are needed for Sept.

Adult Education Sunday Mornings

Adult Bible Studies, 8:20 am
Insights Book Study, 8:45
Biblical Kaleidoscope, 10:30

During The Week

Toastmasters, Tues, 6:30 pm
**Brown Bag Bible Study,
Weds, noon**
Friday Morning Theology
7 am

Rides Needed

A couple from our church who has moved from their home of 60 years to Mountain Vista needs a ride to church. Mountain Vista is at 11800 W 49th Ave (a couple blocks east of Ward Rd and just north of I-70). Also, a woman from our church is looking for a ride to the 9:30 service for her mother and someone to sit with her. They live at about 61st & Iris in west Arvada. She has a ride home but might need a little help making that connection. Please call Sherry Marti, 303-431-6005 to help.

Ministers

Rusty Butler
Valerie Oden

Choir Director

Debbie Willeford

Organist

Carolyn Cline

7:45 Music Dir.

Sydney Vogel

Reiki

Reiki is a Japanese word that basically means universal life force energy. The practice of Reiki is a non invasive "hands on" modality that is used for calming and stress relief. Level 1 class is now forming. Contact Bob at 303-421-5135 or at reiki@arvadaumc.org.

Tutors needed!

Tutors are needed for ESL (English as a Second Language) for the 16 potential students on the waiting list. A training seminar will be held the morning of Saturday, August 29 from 9 am to 1:30 pm in the Chapel. Regular classes will start on September 9. If you are interested, please contact Pudge Rothwell at 303-940-6098 or pudger31@aol.com.

Help Deliver Flowers

Your help is needed to deliver flowers after the 9:30 service each Sunday. To volunteer, please contact Karla Sweany at flowerministry@gmail.com or 303-421-1740. Thank you!

FROM THE AUMC FOUNDATION...

It is in giving that we receive. It is in sharing what we have that insures a bright future and active ministry for our church. The AUMC Foundation, with your help, is planning for the future. Gifts are welcome at any time. Have you considered including AUMC in your will and/or estate planning? It is an easy thing to do. A living legacy is a "giving legacy." Ask any Foundation Board member about the future plans for our church.

In an effort to "Go Green" and use fewer paper towels, the **United Methodist Women** are having a "kitchen shower" to collect new dishtowels and dishcloths. Please place your donations in the box in the narthex during the month of August.

P.S. sugar/creamers sets, pot holders and aprons are also appreciated. Thank you, the UMW.

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