
Sign Up In The Center

Purchase **King Soopers & Safeway certificates**. Social Concerns receives 4-5% of sales for missions.

Welcome people as they come to church.
Greeters are needed for Jan.

Acknowledgements

Poinsettias: Thank you. Acknowledgements will be listed in the January Circuit Rider.

Greeters: 7:45 – Doug & Kathy Kelly
9:30 – Gay Ostrander & DeAnn Pierson

Children and Youth Activities

Sunday School: Children begin worship with their families in the sanctuary. After *Children's Time*, teachers lead the children to their classes. Parents may pick them up after church in the classrooms.

Nursery 7:45 & 9:30, room 300

Preschool, room 304

Kindergarten, room 205

1st and 2nd Graders, room 205

3rd and 4th Graders, chapel

5th and 6th Graders, room 306

Junior High (7th-8th), room 209

Senior High (9th-12th), room 206

UMYF 7th – 12th

Today: 5-8:30pm, Progressive Dinner

Next Sunday: 6 pm, Snack Supper
6:30-8:00 pm, Christmas "Adopt-A-Family"



Thanks to your wonderful response to our poinsettia ministry, we have reached our goal of 75 plants! If you would like to add a sentiment, let Sherry know. That list will be published in the January Circuit Rider. We are still looking for volunteers to deliver. If you can deliver Dec 13, 20 and/or 27, contact Sherry 303-431-6005, ext 227, sherry@arvadaumc.org, or look for her on Sunday mornings with her clipboard.

TODAY, December 6

Communion & Food Ingathering

Alternative Gift Market

Good Morning choir, 8:45 am

Advent Stories, 10:45 am

Children's Choir, 10:35 am

Children & Youth Council, 10:45 am

Holiday Orchestra, 10:45 am

Lydia Tea at Holiday Chalet, 2 pm

(carpool at 1 pm)

This Week: Dec. 7-Dec. 12

Meals on Wheels: Mon-Fri, 10 am

KDD: Mon-Fri, 9-11:30 am

Lite Fitness: Tues & Thurs, 8:30-9:30 am

ESL: Tues, 10 am; Wed, 9 am, 1,6 pm; Sun, 1 pm

Mon: Stewardship Committee, 6 pm

Bronze Ringers, 6:15 pm

Tues: Morning Bells, 8 am

Care Team, 1 pm

Toastmasters, 6:30 pm

Wed: Brown Bag Bible Study, 12 noon

Book Club, 10 am

Women's Spiritual Journey, 7 pm

Chancel Choir, 7 pm

Thurs: Financial Peace, 6:30 pm

Fri: Friday Morning Study, 7 pm

Cookie Sale Set up, 2 pm

Children's Pageant Rehearsal, 6 pm

Sat: Pageant Rehearsal, 9-11:30 am

Cookie Sale, 9 am-noon

Reiki Shares, 1-5 pm

NEXT SUNDAY, December 13

Children's Pageant, 9:30 am

Finance Committee, 10:45 am

Advent Stories, 10:45 am

Holiday Orchestra, 6:30 pm

UMW Cookie Sale! This year's sale is on Saturday, December 12 from 9-noon or whenever cookies run out. Cookies can be dropped off at the church after 3 p.m. on Friday, December 11. Help support Foster, Lawrence and Russell Elementary Schools and get a head start on your holiday baking!

AUMC Opportunities

Alternative Gift Market: Today is the day! The Alternative Gift Market is open – come to the Center and view the displays of 36 alternative gifts with representatives to answer your questions. You can mark your shopping list with the gifts you wish to buy in honor of a friend, family member, neighbor, colleague, etc. You will receive an insert that describes your gift, and you can purchase a gift card at the same time. After writing your check, your shopping is complete. All purchases are tax deductible.

As an added feature, Project Salvador has tables of handcrafted gifts for sale from third-world artisans.

Today is the **UMW Lydia Ladies Holiday Tea** at the Holiday Chalet! Meet in the Narthex at 1 p.m. to receive your carpool assignments.

Get your fresh Colorado made Christmas Wreaths and Garland today. Whether you ordered or not this beautiful holiday greenery is waiting for you today. Shop at the displays outside the main entrance or in the Center. All proceeds support Kids' Discovery Days, the preschool program of the church serving families from the congregation and the community.

The Pageant Party and Parents' Morning Out is almost here! Come on Saturday, Dec. 12 from 9:00-11:30 for the party and pageant rehearsal. Nursery care will be provided. It's not too late to sign up! Drop your registrations in either of the boxes located in the Narthex and the Center or email your registration info to pageant@arvadaumc.org.

Advent Study: *Exploring the Stories* today & Dec. 13 & 20, 10:45 – 11:45 am

In this three week Advent gathering, we'll hear good ol' fashion story-telling, explore the various Gospel stories of Jesus' birth, and hear stories of Christmas traditions from other cultures. No preparation required. Come to the Chapel after the second service, grab a refreshment, and rest in the story and the fellowship of others during this busy season. Led by Rev. Valerie Oden (*Please note the change of day from the previously published Horizons booklet.*)

This Year's Blue Christmas service will be hosted at Jefferson Avenue UMC on Thursday, Dec. 17 at 7:00 pm. All are welcome to this quiet worship honoring those for whom Christmas is especially difficult this year. Jefferson Avenue is one of our Cooperative Parish Churches, located at 4425 Kipling St. Questions may be addressed to Rev. Dan O'Dell, (303) 424-0463.

Christmas Adopt-A-Family: We can still use some church families to "adopt" families in the community by providing them with Christmas gifts they would be unable to purchase on their own. AUMC folks always come through and we're counting on a few more to step forward and help us make this project a success.

The Social Concerns Committee is coordinating with Foster, Lawrence, and Russell Elementary Schools and North Arvada Middle School to help about 7 families from each school have a happier Christmas than the families can provide for themselves. We will need about 28 volunteers to "Adopt-a-Family." An AUMC family, a UMW Circle or other church activity group, or even your neighbors can offer to adopt. We ask that an article of clothing and a toy be provided to each child, and a present (often a gift card) given to each parent. The schools will provide lists of wanted/needed items and sizes.

Adopting families will deliver their gifts, plus a food basket provided by other church members, on the Sunday before Christmas. Many find it a rewarding family or group activity.

Please contact Melinda (Lindy) Reed (303-421-9414 or mkhreed@comcast.net) to volunteer. If you cannot take an entire family (usually 3-6 people), we will pair you with others who wish to help.

AUMC Opportunities

Christmas Baskets: We need your help to fill food boxes to give with the gifts through our Adopt-A-Family outreach project. Please pick up food tags in the Center or Narthex and bring your generous contribution to Room 209 by Friday, December 18. We also need many medium sized cardboard boxes as well as help assembling boxes on Saturday, December 19 at 9:00 am. Please contact Rebekah Fisher, rbuttles@hotmail.com, or 303-834-8784, for more information.

Funding for Our Future

Every day, you and I benefit from the visionary, long-term thinking of others. Thinking long-term is also something most of us try to employ in our own lives. When you sit down to think about your estate, please consider including the AUMC Foundation in your plans. Your estate gift can have a significant and long-lasting impact on the future of Arvada United Methodist Church and will ensure the perpetuation of God's work by our church community. To make a gift or get further information, call the church office at 303-421-5135.

Qigong Relaxation Exercises for the Holidays:

Saturday, December 19, 3:30-5:00 pm in room 205; \$20

Just in time for those stressful shopping days and holiday errands. Qigong means "working with the breath". We will learn some gentle exercises that help you slow down, get centered, and relieve your mind of the long list of things you usually have to do during this busy season. Some of these calming exercises can be done while standing in line to buy that last minute gift, or while simply waiting for the water to boil for that festive meal. Our class ends with a relaxing seated meditation. Call Mary Foster at 303-947-6847 to register.

Christmas Toy Collection

Kids' Discovery Days invites you to bring a new toy still in the original box or with tags still attached and unwrapped. Place it under the tree in the narthex next Sunday. The preschool families will add your donations to their own and deliver them to the Arvada Santa House for distribution to families needing a little help to brighten Christmas for their children.

Volunteer-in-Mission Opportunities:

1) Terrebonne Parish, Louisiana - Summer, 2010 (1 week trips during June 6 - July 25) - ongoing reconstruction of homes devastated by hurricanes. Registration deadline March 15, 2010. Cost is \$225 per participant, which includes lodging, meals, construction materials and evening activities. Contact Laurie Byland, 225-383-4777, X235; laurie.byland@firstmethodist.org, www.thebluetarp.com.

2) Angola, October 2010, MALARIA NET DISTRIBUTION - a fund of \$120,000 was collected for the "Nothing But Nets" program in honor of our previous Bishop, Warner Brown. We are beginning to recruit a team of 8-10 people for the distribution of these malaria nets in Angola. The distribution plan will be coordinated by UMCOR in Angola. We would like to have a representative group of health care workers, pastors and lay persons. Contact Burl Kreps, angoadvo@msn.com, 719-637-0258, 719-337-3066 (cell).

3) Guatemala, March 19-28, 2010. Serve with the indigenous Mayan people in the mountains of Guatemala. Build adobe homes for widows, construct chicken coops, play with children, visit the John Wesley School. Contact Laura Richards, corichards@aol.com, St. Luke's UMC, Highlands Ranch, CO.